

FEBRUARY 1991

CHESHIRE

Smile

MAGAZINE OF THE LEONARD CHESHIRE HOMES AROUND THE WORLD



CHESHIRE Smile

Founded 1954

MAGAZINE OF THE LEONARD CHESHIRE HOMES AROUND THE WORLD

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FRONT COVER – Shows Susie Skinner of Heatherly Cheshire Home, Sussex with her Award-winning Doll's House in the The Foundation Creative Activity Contest.

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Spofforth Bowling Session

Resident of Spofforth Cheshire Home, near Harrogate, Felicity Streeter, enjoying a special game of bowls on the patio. She is aiming the ball by rolling it down a cardboard tube aided by Care Assistant Carol Brewster. At rear, spectator Residents John Marris, Kathleen Singleton and Mavis Turner.

Weekly bowling and boccia sessions are run throughout the year by Harrogate and District Sports Association for the Disabled.

A Very Memorable Day Out



Pat Savill, a Resident of Athol House Cheshire Home, Dulwich, London for five and half years, describes with a sharp eye a very special Garden Party at Buckingham Palace:

Patricia Savill and friends at Buckingham Palace.

On Thursday, 26th July 1990, at 10.30 a.m. my 23-year-old daughter Jayne, myself and a member of the Care Staff, Maureen, plus one of our gentlemen voluntary drivers, Mr Ken Dukes, gathered to set forth to our destination, Buckingham Palace, with an invitation to the Queen's Garden Party, my name having been pulled out of a hat some time earlier this year and no cameras were allowed!!!

In All Our Finery

Dressed in our finest togs and wearing hats and smiles from ear to ear, we entered our transport, the London Cheshire Home's blue ambulance.

I was wearing a multi-coloured top with a matching shirt and black hat etc., Jayne had on an attractive black dress and black accessories, while Maureen looked very smart with her blue outfit and wide brimmed blue hat with everything colour co-ordinated.

Our first stop was at Cheshire Foundation Head Office where we discussed the forthcoming event and were introduced to several of the Foundation Staff. It was very informative. Then we proceeded into the dining room and we ate a delicious salad with cold roast beef and/or ham with a delightful dessert.

Snooker Table Lawns

Then off to Buckingham Palace where Ken found a parking space reserved for us. We then said goodbye to Ken, and upon showing our invitation cards, into the palace gardens we went. The large lawns of the palace were superbly cut (they reminded me of a snooker table) and they are kept without a daisy or dandelion in sight!!

The other guests were certainly mounting up – men in their formal suits and the women mainly in dresses or two piece outfits. I shook hands with the lovely Duchess of Kent and saw her husband. Princess Michael was also present.

Then more food! I had two types of pâté on French bread and two very nice tubs of ice cream, followed by chocolate sponge and coffee sponge with an assortment of cream delights, whilst we drank our tea from fine bone china cups and saucers. Other guests said they had seen Princess Diana and the film star/director John Mills.

Cool, Clean Water

From there we went to the bottom of the garden, and looking at the water, I commented that I had never seen the Thames look so clean and healthy! My daughter then informed me it was not the Thames but the Queen's garden pond/river. (I should point out that I did have to take rather strong travel sickness pills, and they make me rather light-headed), but anyway I was enjoying myself!

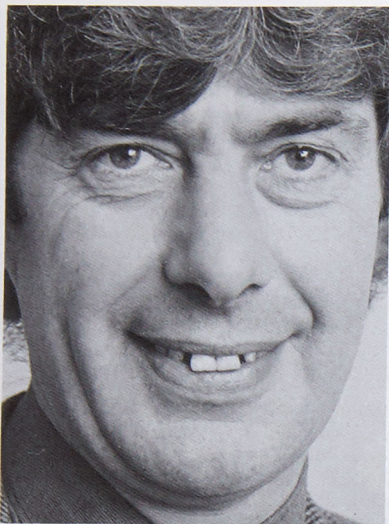
The time came to head in the direction of home and we were ushered to

the sides of the pathway to make way for the Queen and Prince Philip leaving, and yes, they walked past us! I am pleased to say the Queen was wearing a frock of very bold colours – reds, blues, greens, pink, yellow on a light background. She looked very informal and relaxed with Prince Philip at her side. It was a thrill to be so near to them!

'Swiss Roll' on the Prowl

As we were waiting to leave we witnessed a jumbo-sized Swiss roll on four short legs doing his inspection of the bushy parts of the garden. I feel this character (who wore the uniform of a corgi dog) took his work on the security team very seriously!!

Hence we made our way to the allotted car parking space. We piled into our ambulance with Ken driving, and feeling a little tired after such a memorable day, we returned home to Athol House, Dulwich.



Focus on Family Support

Bob Naylor, Foundation FSS Adviser, reports:

Family Support Services take pride in the uniqueness and flexibility of their varied duties. However, sometimes these qualities extend to the makeshift offices from which they operate so well.

Linda Brazier, Organiser of the Bournemouth and Poole FSS, demonstrates this in the following account:

'When I was appointed as the new Organiser in October 1989, I was a little surprised, when I reported for my first day, to be shown into a "potting shed" and told that this was THE OFFICE! Perhaps you can imagine the remarks family and friends made when I "confessed". However, it did become home, and there were certain charms in being near to nature, squirrels and birds hopping in when it was warm enough to have the door open in the spring!

'During the severe storms in January 1990 we were in imminent danger of a tree falling on the shed. So the Organisers decided to "abandon shed", taking with them the important things like the Word Processors, the Rotas and that Bottle of Sherry left over from Christmas celebrations! When the tree finally gave way, it fell about 6 feet to the side of the shed, where it stayed for a couple of weeks until hard-pressed tree-fellers were able to come and saw it down.

'On Friday 13th July we move into an office in the brand new Grange Cheshire Home, and the shed is now happily residing in a nearby garden, serving its rightful purpose, full of all the things respectable garden sheds should be full of!'

An amusing story with a serious side. According to Foundation colleagues involved in new buildings and extensions to existing Homes, a great frustration is the amount of time spent in planning and building before a new Home can begin to operate. Often this takes years. A Family Support Service needs just an organiser and an office, so that care can be given to Clients quite quickly.

Not Too Many Garden Sheds!

There are not too many garden shed based Family Support Services now. All are either in independent offices within communities or set within their local Cheshire Homes, but in the early days we often managed in some pretty makeshift accommodation.

Expanding Family Support

Despite continuing difficulties of funding, Family Support continues to expand. Particularly pleasing is the continuing interest being shown by Cheshire Homes in being part of a new Service.

Well down the road in plans are Agate House, in Ampthill, Bedfordshire, and Appley Cliff on the Isle of Wight. Discussions with the Local Authorities have taken place and all looks set fair for 1991

By the time you read this, I expect the new FSS based at Roecliffe Manor Cheshire Home in Loughborough to have been set up, offering care to people with disabilities in the Charnwood District of Leicestershire. Planning goes on, too, at the Sheffield

Cheshire Home (Mickley Hall), Oaklands Cheshire Home in Preston – the possibility here of three Services in the Blackpool area – and down in Cornwall via St Teresa's Cheshire Home in Penzance.

A Scottish FSS?

I'm hoping for a breakthrough in Scotland, too, where a small group headed by Frank Leal, Deputy Head of Home at Mayfield House, Edinburgh, are researching the need for community based part time care.

The need is undoubtedly there and The Cheshire Foundation is responding, true to its basic philosophy.



Bournemouth and Poole Family Support Service say goodbye to 'The Shed'.



Dr Lomax-Simpson in conversation with Chairman of The Foundation, General Sir Geoffrey Howlett.

Five London Houses Gifted to Cheshire Foundation

The Foundation has accepted with gratitude five residential houses in the Wimbledon, London, area, previously the property of The Messenger and Hutchinson Trusts, whose Founder is a well known psychiatrist, Dr Josephine Lomax-Simpson, who, at the age of 60, has recently retired as a consultant to several hospitals.

The Messenger Trust, now disbanded, was formed as registered charity in 1970 to provide support and accommodation for young unmarried mothers, their children, who were often disruptive, and for deprived young men. Dr Lomax-Simpson used her professional skills in applying group techniques to try to foster a sense of belonging to a community. Her work had started in her own home, but over the

years the Trust had acquired more houses in the area.

The Hutchinson Trust was set up in 1977 because of Dr Lomax-Simpson's wish to encourage voluntary effort. It provided accommodation for ten to twelve students providing they agreed to give up one tenth of their spare time for voluntary work for the Messenger Trust.

The motto of both charities was 'Continuity of Concern', since they sought not only to extend help to deprived young people, but to be a concept shared by friends and neighbours in the Wimbledon area.

The houses gifted to the Foundation are to be used to benefit its work in the rehabilitation and social training of long-stay psychiatric patients discharged from mental hospitals.

At present the Foundation run hostels for this purpose at Hutchings House, Uxbridge, Middlesex; The Wimbledon Group (comprising Layton House, 152 Worple Road, Wimbledon; 30 The Downs, Wimbledon and 5 Ravenna Road, Putney) and Nicholas House, in the East End of London.

On Wednesday, October 25th, Dr Lomax-Simpson met the Founder, Group Captain Leonard Cheshire, and the Foundation Chairman, Sir Geoffrey Howlett, at Central Offices, together with other Trustees and members of staff.

'The properties have not yet been officially valued, but are estimated to be worth in the region of £1,000,000', Simon Hardwick Foundation General Secretary, stated.



Cavell House, Farnham, Surrey, to be adapted to provide accommodation for mentally handicapped adults.

Cheshire Housing Association Financial Achievement

The Cheshire Foundation Housing Association has achieved a triumph in obtaining £2.47 million grants for building from The Housing Association.

The funds are for three new developments, already at the detailed planning stage.

Houses, Flats, Bungalows

The largest is a mixed scheme of 18 houses, flats and bungalows for rent in Liss, Hampshire. The six bungalows will be designed for wheelchair users. Priority will be given to local people when the properties are let and they will be managed by the Petersfield Housing Association. As a second phase, it is hoped to build two more bungalows for sale on a 'shared ownership' of half rent, half buy. Building on this scheme will begin shortly, and continue through 1991.



The block of flats at Farnham, Surrey, to be adapted to provide accommodation for mentally handicapped adults.

Small Unit for Physically Handicapped

The second scheme is a small unit for six physically handicapped people in Kingston upon Thames, Surrey. This is being planned in conjunction with the North East Surrey Group of the Spastic Society.

Places for Mentally Handicapped Adults

The third development is to be the provision of 12 places for mentally handicapped adults in Farnham, Surrey. An existing block of four flats is to be purchased, and together with a new extension, will provide both shared accommodation and self-contained flats for people at present in the local hospital.

Commented Mrs Joyce Denny, Director of The Cheshire Foundation Housing Association: 'We have worked very hard to obtain this commitment of funds, and feel a great satisfaction to have achieved this sum in the very difficult financial climate prevailing.'

“What’s Cooking?”

Pat Rose is Personal Assistant to the Foundation’s Director, Arthur Bennett. Although disabled and holding down a very demanding job, she still manages to do a bit of cooking. Not the elaborate dishes she enjoyed making in the past, but still delicious. Undoubtedly her unflinching cheerfulness and keen sense of humour help her at crisis moments in her kitchen.

‘Before I was diagnosed as having multiple sclerosis about four and a half years ago, I loved to spend a day or so, happy and busy in the kitchen, preparing for a dinner party. However, it has now become impossible to spend hours preparing elaborate dishes because my knees do literally buckle if I stand for too long, and a blast of hot air from the oven is enough to bowl me over. Family meals have been simplified for the most part to grilled chops with fresh tossed salads, omelettes with stir fried vegetables (I make great use of a wok), and desserts are usually just fresh fruit.

‘The following recipes are all easily prepared and cooked. None of them require me to stand for ages over a hot cooker, which in any case I can no longer do without falling over – not a good idea from the safety point of view. I admit to shouting for help when it comes to moving large pans of hot food, straining boiling rice and so on, but I still feel I merit the appreciative murmurs of a hungry family when the food is put on the table.

‘I must pay tribute to the young, who from time to time announce that they are coming, and arrive with a bag of goodies, take over the kitchen and produce a delicious meal. And I suppose there are some advantages to having MS, though you sometimes have to look very hard. My own daughter is now a very competent cook, and I can no longer zoom round the kitchen and proffer advice. She says she appreciates the lack of interference, and I very much enjoy the finished result.’



Celery Soup

Head of celery, trimmed, scrubbed and sliced
1 medium onion, sliced
2 oz butter/margarine
1½ pts chicken stock (made with 2 stock cubes)
½ pint milk
Salt and pepper
Pinch mixed herbs
2 tbsp flour
2-3 tbsp cream (optional)

Fry celery and onion gently in butter, until soft but not brown. Add chicken stock, seasoning and herbs and simmer until tender. (I use a pressure cooker, which takes about 5 minutes) Liquidise the celery and onion, and return to the pan. Blend the flour and milk and add to the pan. Reheat, making sure flour is cooked, and add cream just before serving.

Cod Provençal

1 medium onion, sliced
1 green pepper, deseeded and sliced (or frozen chopped peppers)
1 tbsp olive oil OR 2 oz butter/margarine
3-4 rashers bacon, cut into pieces
1½ lbs cod (or any white fish), skinned and cubed
Salt and pepper
1 can tomatoes
1 bay leaf
1 tsp sugar

Fry onion and pepper in oil until soft, add bacon and fry further 2 minutes. Add fish and sprinkle with flour, salt and pepper, and stir gently until fish is evenly coated and flour cooked. Add canned tomatoes, bay leaf and sugar. Simmer very gently for 10-15 minutes. Remove bay leaf and serve with plain boiled rice.

Spaghetti Bolognese

This is a nourishing store cupboard meal, which is a great standby, and although it is not cordon bleu cookery, I have increased the quantities and served it almost by the bucketful to feed hordes of hungry teenagers with great success. Apart from the onion, the sauce is produced entirely from tins. It takes about 20 minutes from start to finish.

1 tbsp olive oil OR 2 oz butter/margarine
1 medium onion
1 clove garlic, crushed (optional)
1 tin minced steak
1 can tomatoes
2 tbsp tomato purée
1 tin button or sliced mushrooms
Salt and pepper
Pinch of herbs (preferably basil)
Parmesan cheese

Spaghetti – 3-4 oz per person

Bring large pan of salted water to the boil and cook spaghetti, stirring frequently, for 12-15 minutes. While this is cooking, gently fry onion in the oil, adding garlic at the last minute. Add minced beef, canned tomatoes, tomato purée, tinned mushrooms (strained), herbs and seasoning. Stir gently together, and bring to near boiling point. Pour over cooked spaghetti and top with grated Parmesan cheese. The addition of a glassful of red wine to the sauce is a good idea but not essential.

Orange Crumb Pudding

4 oz fresh white breadcrumbs
⅓ pint milk
1 orange
2 oz sugar
2 eggs (separated)

Put the breadcrumbs in a basin. Heat the milk, orange juice and grated rind, stir in the beaten egg yolks and sugar. Pour over the crumbs. Whisk egg whites stiffly and fold gently into the mixture. Turn into a greased pie-dish and allow to stand for 15-20 minutes. Then bake in a moderate oven (350F or Gas Mark 4) for about 40 minutes, until firm and well risen.



SHARE YOUR PROBLEMS with Dr Wendy Greengross

Question: I have been terribly hurt by the behaviour of my son and his wife, who live about thirty miles away, but only manage to come and see me once a month. They both have fairly responsible jobs, which means that they sometimes have to work in the evenings, but they manage to visit my daughter-in-law's mother who lives in her own bungalow quite near to them, once or twice a week. My daughters come and see me almost every week and my grandchildren also sometimes visit and I have lots of interests and I'm grateful for a full life. I do however wonder if I have said something to upset my son or his wife, or if they are angry with me about something. When I've tried to mention it, they've got upset and left earlier than usual. I know this all seems very stupid but I am really unhappy about the whole thing.

Answer: Parents often have problems in trying to give children equal amounts of time, and most end up by trying to give each child the time it needs, hoping that as circumstances change, time sharing will eventually even out. Children may have similar problems in allocating time to parents and in-laws.

Reading your letter it sounds as if your son and his wife are busy people who are also having to accept considerable responsibility for your daughter-in-law's mother, because she lives by herself. They probably think that as you have visits from other family members, you do not mind, but may also feel a bit embarrassed by apparently spending less time with you and may, because of this, get upset if you mention it.

There are several things that might help to resolve the problem. You could write and explain that you

understand they have other things that need doing, but have you done anything to upset them, or you could ask someone like the Head of Care to act as an intermediary for you and tell them that you are really worried by their apparent indifference. You could try to explain your feelings to them when you next see them, but you will have to rehearse very carefully exactly what you want to say, so that you don't get upset and find yourself saying the wrong things. It might be worth while spending some time with a counsellor trying to dissect the problem and examining the probable feelings of your son and daughter-in-law. There is a technique in which you imagine that they are with you and you tell them all the things that you are unable to say when they are actually there. You then pretend to be each of them in turn, and respond to the accusations and complaints that you have made. By looking at everything that you have said it is often possible to begin to understand some of the other's feelings without that person either saying anything or even being there.

Question: I am a woman and have been a Resident for more than ten years, and have suddenly come up against a quite unexpected problem. My Home has found it difficult to get night care staff, and I was asked whether I would mind being cared for by a man. My immediate response was to decline

and because many other women felt the same, the young man was not appointed. I am now wondering whether my response was either right or fair.

Answer: The point you make is extremely interesting. We make the assumption that women should be Carers and Carers should be women, and in doing so often ignore the feelings of those men who would rather be looked after by someone of their own sex.

We now understand enough to realise that most men, given the opportunity, can be just as caring, compassionate and nurturing as women, and that this capacity depends on their nature and character rather than their gender.

Many women who have been patients in hospital and have been looked after by male nurses, say that they quickly forgot that they were being cared for by a man. They just knew that they were being nursed by a caring person. Unfortunately the norms of our society were established when only women were allowed to do nursing. Nurses were women, so that was that. The myths that men don't mind exposing private parts of their body to strange women and that if men see a naked or partly naked woman, they will be unable to control their animal urges, continue to be believed. We hear a great deal about discrimination against women. This is an area in which men, both Residents and staff, may be treated unfairly.

Dr Wendy Greengross is a medical practitioner of many years experience, and is well-known as a broadcaster, writer and journalist.

In each issue of *The Smile* she answers some of the many questions and problems reaching her. All correspondence will be treated as completely confidential

and no correspondent will be identified or named unless he or she wishes to be.

Although replies to letters not selected for publication cannot be answered by Dr Wendy personally, she will refer these to the appropriate Care Adviser, but only IF SO REQUESTED.

Send your queries and problems to:

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Record Entries in Foundation Creative Activity Contest

The astonishing skills and creative talents of disabled people were reflected in the 1990 Cheshire Foundation Creative Activity Contest when a record number of 680 Residents submitted items from 43 UK Homes and Services, and 33 Homes from overseas.

Organised by Foundation Trustee, the Hon Maggie van Koetsveld, sections comprised Handcrafts of all kinds, paintings and drawings, computer work, photography, prose and poetry.

THE JUDGES

Paintings

David Shepherd, OBE, FRSA, leading wildlife painter and conservationist.

Handcrafts

Berenice Luetchford, Veronica Thane-Pickering, Betty Collins, all Senior Tutors in handcrafts for disabled people.

Prose

Sir Anthony Harris, scriptwriter of plays and documentaries, and Miss Rosemary Harris, well-known author of children's books.

Poetry

Adrian Henri, one of a triumvirate of Liverpool poets representing 'The Mersey Sound', and author of numerous plays for TV.

Photography

Norman Potter, distinguished photographer, specialising in Third World studies.

Computer work

Francis Coleman, Director of London Film School, with specialised knowledge of computer work.

The Prize Giving

The prize giving was held on Saturday, October 20th, at The Podium, Vauxhall, London. The presentations to winners and runners-up were made by Sir Christopher Foxley Norris, Chairman Emeritus; Lady Foxley Norris; Rosanne Corben, Peter Rowley, Peter Allott (all Foundation Trustees); Francis Coleman, computer judge; Mrs Bruce Weatherstone, wife of Trustee Bruce Weatherstone, who chaired the proceedings; and Arthur Bennett, Foundation Director.

In his opening speech The Founder, Group Captain Leonard Cheshire, said that the occasion was nothing short of miraculous. The diversity and astonishing quality of entries was 'most inspiring'. He had just completed a world tour of overseas

Homes and found everywhere a growing spirit of independence and an increasing working towards making the lives of disabled people more fulfilling. In Indonesia, for example, 15 Residents had married, were living now in their own accommodation and earning their own way.

So many had talked of the Creative Activity Contest, were working on their entries, and were eager to win. This meant a greater togetherness world-wide, which was the aim of the Foundation, and one way that this process was being accelerated was by the submission of creative work.

Trophy Winners

The UK Homes Cup for the Home with the greatest number of overall points was awarded to:

Heatherley Cheshire Home, Crawley, Sussex;

The Overseas Salver for the overseas Home with the greatest number of overall points was awarded to:

Selangor Cheshire Home, Malaysia;

The Phyllis Young Cup for Courageous Endeavour was awarded jointly to:

Phyllis Pocock of Coomb Cheshire Home, Carmarthen, Dyfed, Wales, and Peter Reynolds of Chipstead Lake Cheshire Home, Sevenoaks, Kent;

The Maggie van Koetsveld Cup was a personal choice of the Donor, and awarded to:
Susie Skinner of Heatherley Cheshire Home.

The Roger de Grey Shield, presented by The President of the Royal Academy for painting was awarded to:

Pat Barnes, also of Heatherley Cheshire Home.

A Creative Contest for Trustees?

In closing the proceedings, Sir Christopher Foxley Norris said that the Foundation had changed enormously and had come a long way in establishing the rights of Residents to normality and independence.

He said that he would not be at all surprised if, in a few years, the Residents themselves decided to organise a contest of Creative Activity for the Trustees of the Foundation to participate in!

Outstanding Winners

Pat Barnes of Heatherley who won the Roger de Grey shield for her splendid painting of two toucans, is 54. She came to the Home in 1985, suffering from multiple sclerosis. Previously a company director in her family's packaging business, she studied fashion designing at art college in her youth. Interests include art, music, reading, travel and the theatre.



Beautiful flower and butterfly photographs which won Resident Joseph Eyre of Hovenden House Cheshire Home, Fleet, a Double First Diploma.



Left to right: Phyllis Pocock of Coomb and Peter Reynolds of Chipstead Lake, joint winners of The Phyllis Young Cup for Courageous Endeavour.

Phyllis Pocock, joint winner of the Phyllis Young Cup for Courageous Endeavour with Peter Reynolds of Chipstead Lake, is a Resident of Coomb. Although almost completely disabled, her creative talents are diverse and her output remarkable. She is gifted in painting (oils and water colours), writing and in all forms of handcrafts.

Peter Reynolds suffers from severe cerebral palsy. He has organised the distribution of wheelchairs throughout the world, has visited Nepal, and is currently helping a student to improve his English through correspondence. He has published his own autobiography and is preparing to return to Nepal to try to help cerebral palsy children towards a better life.

UNITED KINGDOM CHESHIRE HOMES & FSS's

First Class Diploma Winners

- Arnold House**, Enfield, Middlesex
George Cherney *Two water colours*
- Bell's Piece**, Farnham, Surrey
Sara Jordan *Essay*
- Cann House**, Plymouth, Devon
Elizabeth Fricker *Child's building bricks*
Paul Gordon &
E Fricker *Rocking horse*
Patrick McLoughlin *Poetry*
- Carnsalloch**, Kirkmahoe, Dumfries
Isobel Williamson *Water colour*
Jane Wylie *Water colour*
Betty Kinghorn *Water colour*
(Double First)
George Watson *Water colour*
Isobel Irving *Embroidered picture*
Bessie Skilling *Set of baby's toys*
Raymond Brackley *Rocking chair*
- Chipstead Lake**, Sevenoaks, Kent
John Watson *Airbrush painting*
Jean Harrison *Painting*
Ian Shorter *Doll's house*
Eileen Warren *Patchwork cot quilt*
Kay Boyden *Frame loom tapestry*
(Double First)
- Coomb**, Carmarthen, Dyfed
Phyllis Pocock *Water colour*
Phyllis Pocock *Stool*
Malcom Jones *Stool*
- Cotswold**, Cheltenham, Glos
Kathy Miles *Set of wallhangings*
Brian Dyer *Round embroidered picture*
- Freshfields**, Formby, Merseyside
Julie Dean *Oil Painting*
Norma McDoughall *Water colour*
John Rouane *Pottery figures*
- Greenhill House**, Timsbury, Avon
Activities group *Scrap book*
Terry Harrison *Computer*
Steve Williams *Poem and for Overall Achievement*
(Double First)
- The Grove**, Norwich, Norfolk
Chris Page *Photograph*
Arthur Daines *Straw work*
- Heatherley**, Crawley, Sussex
Pat Barnes *Water colour*
(Double First & Roger de Grey Shield)
Shawn Holt *Computer*
Sonja Schiffke *Water colour*
Gwen Owen *Water colour*
Mavis Warner *Wallhanging*
Susie Skinner *Doll's house*
(Double First)
Brian West *Nursery chair*
Fiona Oakley *Footstool*
- Holehird**, Windemere, Cumbria
Frank Ripley *Water colour*
George Graham *Water colour*
Penelope Tinn *Water colour*
- Holme Lodge**, West Bridgford, Notts
David Harrison *Black/white photographs*
Terry Boot *Printed type*
- Honresfeld**, Littleborough, Greater Manchester
Olive Brassington *Cushion*
Stephen Roskell *Metal match box*
Stanley Buckley *Marquetry*
- Hovenden**, Spalding, Lincs
Joseph Eyre *Six photographs*
(Double First)
Peggy Marriott *Knitted jumper*
- Hutchings House**, Uxbridge, Middlesex
Frederick Wood *Photograph*
- Hydon Hill**, Godalming, Surrey
Betty Hebditch *Water colour*
Adrian Robinson *Water colour*
Keith Walters *Scraper board picture*
Christine Martin *Water colour*
- Le Court**, Liss, Hants
Phyllis Young *Shetland cardigan*
Phyllis Young *Dressed doll*
- Llanhennock**, Newport, Gwent
Mary Gunton *Prose*
- Mayfield House**, Edinburgh
Isabel Stevenson *Water colour*
Elisabeth Cockburn *Water colour*
Margaret Sim *Water colour*
Janice Cunningham *Water colour*
Evelyn Millar *Water colour*
Liza Jack *Poem*
- Mote House**, Maidstone, Kent
Mrs E Goodrick *Lace*
Miss V Roness *Arran jumper*
- Murray House**, Consett, Co Durham
James Henry Davis *Water colour*
- Pound House**, Dorking, Surrey
Peter Hudson *Drawing*
- Seven Springs**, Tunbridge Wells, Kent
Sue Lilly *Shell collage*
- Sheffield**, (Mickley Hall) Yorkshire
Mrs H Bradock *Collage*
- Spofforth**, Harrogate, North Yorkshire
Ann Millar *Oil painting*
George Henry *Woven rug*
Mrs E Bartle *Nightdress case doll*
- St Anthony's**, Wolverhampton, West Midlands
Rosa Krepa *Knitted scarecrow dolls*
- St Bridget's**, Rustington, West Sussex
Audrey Baker *Sundress with fabric painting*
Audrey Baker *Fabric picture*
- St Cecilia's**, Bromley, Kent
Beryl Morton *Prose*
- St Teresa's**, Penzance, Cornwall
Trevor Green *Stool*
- Waverley Family Support Service**, Godalming, Surrey
S Lewis Jones *Baby blanket*
- Coomb**, Carmarthen, Dyfed
Ralph Griffiths *Basketry*
Ellen Pomfret *Basketry*
Phyllis Pocock *Knitting*
Phyllis Pocock *Three paintings*
- Douglas House**, Brixham, Devon
Barbara Hoy *Two poems*
- Eithinog**, Upper Colwyn Bay, Clwyd
John Arnold Jones *Paper marbling*
Margaret Galley *Leatherwork*
- Freshfields**, Formby, Liverpool
George Raven *Painting*
Colin Anderson *Painting*
Julie Dean *Pottery*
- Green Gables**, Alfreton, Derbyshire
Robert May *Seed collage*
- The Grove**, Norwich, Norfolk
Jen Naish *Stool*
Rodney Long *Engraved glass*
- Heatherley**, Crawley, Sussex
Jackie Postance *Pyrography*
Maureen Largente *Polystyrene ornament*
Irene Vanvuren *Paintings*
Gary Chambers *Painting*
- Hutchings House**, Uxbridge, Middlesex
Colin Dean *Drawing*
Terry Eyden *Drawings*
- Holehird**, Windemere, Cumbria
Dorothy Sorrell *Painting*
- Holme Lodge**, W Bridgford, Notts
Freda Atkins *Embroidery*
- Honresfeld**, Littleborough, Greater Manchester
Freda Wallace *Basketry*
Nellie Newton *Embroidery*
Stanley Buckley *Scraper board painting*
- Hovenden**, Spalding, Lincs
Peggy Marriott *Painting*
Olive Holland *Painting*
Eileen Waters *Two Paintings*
Joan Murphy *Painting*
- Hydon Hill**, Godalming, Surrey
Francis Reid *Stool*
Maidie Gooch *Painting*
Doris Osborne *Painting*
Elsie Timperley *Painting*
- James Burns House**, Bournemouth, Hants.
Chris Price *Poems*
- John Masefield**, Abingdon, Oxon
Dot Surrage *Tapestry*
- Le Court**, Liss, Hants
Phyllis Young *Embroidery*
Phyllis Young *Poem*
- Llanhennock**, Newport, Gwent
Terry Cornish *Painting*
Ken Morgan *Painting*
Doris Birch *Soft toy*
Mary Gunton *Poem*
- Mayfield House**, Edinburgh
Peter Mould *Painting*
Isobel Stevenson *Wall hanging*
Liza Jack *Poem*
- Mote House**, Maidstone, Kent
Leslie Wraight *Wall hanging*
David Holness *Dolls house*
- Pound House**, Dorking, Surrey
Michael Beale *Drawing*
Rosalyn Cooper *Drawing*
Wayne Whitwick *Drawing*
- Seven Springs**, Tunbridge Wells, Kent
Alison Camps *Collage*
Edward Williams *Pyrography*
Christine Owen *Fabric painted apron*
Mary Bradley *Computer picture*

Second Class Diploma Winners

- Agate House**, Amptthill, Beds
Jeffrey Osborne *Woodwork*
Leslie Mays (2) *Woodwork*
- Appley Cliff**, Shanklin, Isle of Wight
Edna Blakebirt *Leather work*
Rob Cornelius *Leather work*
- Cann House**, Plymouth, Devon
Mary Edge *Scrap book*
Mary Edge *Essay*
Louise Dewby *Painting*
- Carnsalloch**, Kirkmahoe, Dumfries
Jan Clark *Painting*
Dorothy McKenzie *Painting*
Robert Millar *Painting*
Alfie Maguire *Basketry*
Bessie Skilling *Embroidery*
Margaret Murray *Crochetwork*
- Chipstead Lake**, Sevenoaks, Kent
Sue Leek *Painting*
Stuart Goodwin *Painting*
Christine Simpson *Hobby horse*
Elizabeth Knight *Mosaic work*
Ivy Kennard *Sugarcraft*
Stuart Goodwin *Lacework*

- Spofforth Hall**, Harrogate, Yorkshire
M Maris *Quilted cards*
Helen Allison *Embroidery*
Helen Allison *Woven scarf*
- St Anthony's**, Wolverhampton, West Midlands
Rosa Krepa *Knitting*
Rosa Krepa *Painting*
- St Bridget's**, Rustington, Sussex
Norman Wright *Embroidery*
Anne-Marie Hall *Dressmaking*
- St Michael's**, Axbridge, Somerset
Jeanette Moody *Embroidery*
Harold Slocombe *Basketry*
Eric Cooper *Stool*
Margaret Burton *Embroidered panel*
David Knight Hassell *Holiday journal*
Jeannette Moody *Holiday journal*
Mary Wilson *Biography*
- St Teresa's**, Penzance, Cornwall
Reginald Roberts *Marquetry*
- Stonecroft**, Barnetby, South Humberside
Jeff Sanderson *Basketry*
Rowland Chater *Woodwork*
- Waverley Family Support Service**, Godalming, Surrey
Peter Farrington *Basketry*
- Third Class Diploma Winners**
- Agate House**, Ampthill, Beds
Peter Parnwell *Basketry*
George Holmes *Basketry*
- Appley Cliff**, Shanklin, Isle of Wight
John Stratton *Painting*
Ray Kimber *Pyrography*
- Arnold House**, Enfield, Middlesex
Jill Hartwell *Photograph*
- Cann House**, Plymouth, Devon
Elizabeth Fricker *Child's mobiles*
Mary Edge *Drawing*
- Carnsalloch**, Kirkmahoe, Dumfries
Isobel Irving *Painting*
- Chipstead Lake**, Sevenoaks, Kent
Timothy Downs *Essay*
Christine Simpson *Essay*
Gary Eastley *Photographs*
Timothy Downs *Painting*
- Coomb**, Carmarthen, Dyfed
Phyllis Pocock *Painting*
Phyllis Pocock *Crochet work*
- Danybryn**, Cardiff
Tegwyn Tylke *Embroidery*
- Eithinog**, Upper Colwyn Bay, Clwyd
Mavis Bennet *Dishcloth dolls*
Arthur Wainwright *Rug*
- Freshfields**, Formby, Merseyside
Len Stoll *Basketry*
Marie Ainsworth *Embroidery*
Simon Walsh *Scrap book*
- Glamis House**, Glenrothes, Fife
Katherine Heddy *Soft toy*
- Greenhill House**, Timsbury, Avon
Jackie Holt *Greetings cards*
- The Grove**, Norwich, Norfolk
Doreen Nabbutt *Basketry*
- Heatherley**, Crawley, Sussex
Karen Christy *Tie-dying*
Mary Fielder *Painting*
- Holehird**, Windemere, Cumbria
Joan Cameron *Poem*
- Honresfeld**, Littleborough, Greater Manchester
Michael Keeping *Painting*
- Hovenden**, Spalding, Lincs
Peggy Marriott *Embroidery*
Eileen Waters *Ribbon cushion*
Olive Holland *Painting*
- Hutchings House**, Uxbridge, Middlesex
Philip Read *Woodwork*
Edward Blore *Wax candles*
- Hydon Hill**, Godalming, Surrey
Francis Reid *Stool*
- James Burns House**, Bournemouth, Dorset
Chris Price *Poem*
- Lancaster Family Support Service**, Lancashire
Valerie Cox *Embroidery*
- Llanhennock**, Newport, Gwent
Mary Gunton *Poem*
- Mayfield House**, Edinburgh
Marion Cockburn *Painting*
David Simpson *Painting*
- Mote House**, Maidstone, Kent
Pat Howes *Embroidery*
Brian Miles *Woodwork*
John Wells *Wooden toy*
Rose Bardon *Embroidery*
Beryl Ramsden *Fabric painting*
J Taylor *Two ceramics*
- Seven Springs**, Tunbridge Wells, Kent
Kath Jarvis *Crochet work*
Susan Moore *Embroidery*
Dorothy Douglas *Painting*
Roger Pedrick *Painting*
Diane Gray *Collage*
Dorothy Markham *Computer picture*
- Sheffield (Mickley Hall)**, Yorkshire
Mrs D Joell *Soft toy*
Mrs L Rowley *Two paintings*
- St Anthony's**, Wolverhampton, West Midlands
Rosa Krepa *Knitted patchwork*
Rosa Krepa *Painting*
Rosa Krepa *Drawing*
- St Bridget's**, Rustington, Sussex
Julia Gale *Sewing*
Richard Morris *Pegwork*
- St Cecilia's**, Bromley, Kent
John Stickley *Weaving*
John Stickley *Basketry*
Rose Horton *Drawing*
Vivienne Mathews *Drawing*
Beryl Morton *Poem*
- St Michael's**, Axbridge, Somerset
Marguerite Bagualy *Embroidery*
Anne Elsdon *Woven picture*
John Faithfull *Child's chair*
Joyce Brashaw *Essay*
- Stonecroft**, Barnetby, South Humberside
Rowland Chafer *Flockart*
Jeff Sanderson *Flockart*
Janet Sowerby *Knitting*
Mary Gray *Basketry*
Peggy Sanderson *Basketry*
Les Smith *Flockart*
Brian Johnson *Two paint-by-numbers pictures*
- Certificates of Merit**
- Agate House**, Ampthill, Beds
Richard Dunn *Tapestry*
Ron King *Tapetry*
- Appley Cliff**, Shanklin, Isle of Wight
Rosemary Reynolds *Necklace*
- Cann House**, Plymouth, Devon
Mary Edge *Essay*
Mary Edge *Embroidery*
- Chipstead Lake**, Sevenoaks, Kent
Gary Eastley *Essay*
- Coomb**, Carmarthen, Dyfed
Phyllis Pocock *Soft toy*
Phyllis Pocock *Essay*
- Cotswold**, Cheltenham, Glos
Caroline Bereton *Wallhanging*
- Danybryn**, Cardiff, South Glamorgan
Tegwyn Tylke *Bell pull*
Tegwyn Tylke *Embroidery*
Eira Williams *Rug*
Eira Williams *Embroidery*
Henry Jolly *Plasterwork*
Nancy Wyatt *Soft toy*
Nancy Wyatt *Essay*
Stuart Garland *Essay*
Muriel Marsdon *Essay*
Gwladys Evans *Poem*
Group *Cover for scrapbook*
- Eithinog**, Upper Colwyn Bay, Clwyd
Elizabeth Robinson *Covered coathangers*
- Freshfields**, Formby, Merseyside
Veronica Simmonite *Embroidery*
Doreen Ashal *Pottery*
Len Stoll *Pottery*
- Greenhill House**, Timsbury, Avon
Jane Harding *Computer picture*
- The Grove**, Norwich, Norfolk
Peggy Elvin *Basketry*
Janet Baird *Fabric painting*
Fred Kett *Basketry*
- Heatherley**, Crawley, Sussex
Janet Peters *Embroidery*
Peter Largete *Basketry*
Sue Scott *Pottery*
Karen Christy *Collage*
Gwen Owen *Weaving*
- Holehird**, Windemere, Cumbria
Joan Cameron *Poem*
Joan Cameron *Essay*
- Honresfeld**, Littleborough, Greater Manchester
Ruth Hogan *Embroidery*
Shaheen Mohammed *Embroidery*
June Clark *Knitted cushion*
June Clark *Knitting*
Olive Brassington *Wallhanging*
- Hovenden House**, Spalding, Lincs
Eileen Waters *Two Essays*
Joseph Eyre *Photograph*
Pamela Pawson *Photographs*
Olive Holland *Dressmaking*
Pat Hensby *Ribbon cushion*
Peggy Marriott *Knitting*
Peggy Marriott *Soft toy*
Olive Holland *Crochet work*
- James Burns House**, Bournemouth, Dorset
Chris Price *Poem*
- Lancaster Family Support Service**, Lancashire
Yvonne McDonagh *Tapestry*
- Le Court**, Liss, Hants
Sheila Cannings *Three pieces of embroidery*
Dorothy Watson *Embroidery*
Phyllis Young *Fine sewn dress*
Phyllis Young *Embroidery*
- Llanhennock**, Newport, Gwent
Nellie Pugh *Two pieces of Crochet work*
Mary Gunton *Two poems*
- Mayfield House**, Edinburgh
Elizabeth Cockburn *Embroidery*
Margaret Sim *Embroidery*

Anne Johnstone	<i>Embroidery</i>	Limuru, Kenya	Daniel Mutinda	<i>Water colour</i>	Mongu, Zambia	Chipango Seke	<i>Illustrated handwriting</i>
Shirley Ostell	<i>Embroidery</i>	Daniel Mutinda		<i>Drawing</i>	Kashweka Maseka		<i>Illustrated handwriting</i>
Seven Springs, Tunbridge Wells, Kent		Paul Muthuri		<i>Greeting card</i>			
Elsie Baker	<i>Two baby jackets</i>	Menegsha, Ethiopia	Yehenew Gashew	<i>Coloured drawing</i>			
Sue Barden	<i>Embroidery</i>	Mongu, Zambia	Chipango Seke	<i>Illustrated handwriting</i>			
Jenny Wildmen	<i>Herb cushion with tie-dye</i>	Mercy Munalula		<i>Illustrated handwriting</i>			
Jill Gorton	<i>Computer picture</i>	Mebelo Mushitu		<i>Needlecraft</i>			
Mary Bradley	<i>Computer picture</i>	Mwandamena Mwandamena		<i>Needlecraft</i>			
Sheffield (Mickley Hall), Yorkshire		Ndola, Zambia	Clementina Chitutu	<i>Knitting</i>			
Mrs A Johnson	<i>Embroidery</i>	Obioma, Nigeria	Philip Brown	<i>Painting</i>			
Spofforth Hall, Harrogate, Yorkshire		Andrew Somiari		<i>Painting</i>			
Mary Wilson	<i>Dressmaking</i>	Philip Brown		<i>Poster</i>			
Arthur Collinson	<i>Sampler</i>	Penang, Malaysia	Sooreas s/o Kanaisan	<i>Two cushion covers</i>			
F Brett	<i>Knitting</i>	Wong Tin Choi		<i>Kissing fish keyring</i>			
St Bridget's, Rustington, Sussex		Thor Gim Eng		<i>Prawn keyring</i>			
Peter Simpson	<i>Embroidery</i>	Port Moresby, Papua New Guinea	Winnie Weoa	<i>Painting of girl</i>			
Eileen Tullett	<i>Embroidery</i>	Ranchi, India	Kodma Sundi	<i>Wall decoration</i>			
St Cecilia's, Bromley, Kent		St Laurence, Eire	Mary Spillane	<i>Painting</i>			
Pamela Holmes	<i>Embroidery</i>	Angela Shine		<i>Painting</i>			
Mary Rose	<i>Embroidery</i>	Selangor, Malaysia	Doris Tan Siew Kee	<i>Malay doll</i>			
Jennifer Sharples	<i>Essay</i>	Alexander Danker		<i>Batik for Malay doll</i>			
St Michael's, Axbridge, Somerset		Puvanaeswari		<i>Indian doll</i>			
Jenny Sell	<i>Embroidery</i>	Saw Kian Fatt		<i>Batik for Indian doll</i>			
Jean Joyce	<i>Embroidered picture</i>	Lee Yoke Choi		<i>Batik painting</i>			
Anne Gillham	<i>Embroidered picture</i>	Hee Yong Wah		<i>Batik painting</i>			
Roger Bugden	<i>Essay</i>	Hee Yong Wah		<i>3-D picture</i>			
David Booker	<i>Holiday journal</i>	Sir James & Lady Pieris, Sri Lanka	Leelawathie Wittahachchie	<i>Embroidered cushion cover</i>			
Mary Wilson	<i>Short stories</i>	Wisma, Indonesia	Wati	<i>Activity book</i>			
St Teresa's, Penzance, Cornwall							
Clara Allan	<i>Knitting</i>						
Maureen Rickard	<i>Knitting</i>						
George Jordan	<i>Macrame</i>						
Valerie Piddington	<i>Painted slate</i>						
Maureen Rickard	<i>Photo album</i>						
Stonecroft, Barnetby, South Humberside							
Jane Voase	<i>Two pieces of ceramic</i>						
Janet Sowerby	<i>Ceramic</i>						
Waverley Family Support Service, Godalming, Surrey							
Susanna Lewis-Jones	<i>Two pieces of embroidery</i>						

OVERSEAS CHESHIRE HOMES

First Class Diploma Winners

Chiang Mai (Siri Wattana Cheshire Foundation, Thailand)							
Miss Pikultog Kuntadong	<i>Knitted child's cardigan</i>						
Group	<i>Rattan chair set (Double First)</i>						
Delhi, India							
Group	<i>Four greetings cards</i>						
Guernsey, Channel Islands							
W E Robert	<i>Water colour</i>						
Hanshin, Japan							
Hiroshi Iba	<i>Calligraphy</i>						
Katsuko Inohara	<i>Calligraphy</i>						
Hideo Shibutani	<i>Calligraphy</i>						
Shizue Wada	<i>Calligraphy</i>						
Keiko Tamagawa	<i>Calligraphy</i>						
Kiyoko Tamagawa	<i>Woven Fabric</i>						
Katalemwa, Uganda							
Charles Mukasa	<i>Basket</i>						
Kumasi, Ghana							
Adu Baffour	<i>Blotto painting</i>						
Anthony Mensah	<i>Brown sandals</i>						
Kunming, China							
Xiong Juan Hua	<i>Photograph</i>						
Ynag Yung	<i>Painting & calligraphy (Double First)</i>						
Her Zhi Kang	<i>Calligraphy</i>						
Second Class Diploma Winners							
Bombay, India							
Chandrasekar Bhaleveo	<i>Sewing</i>						
Bonanova, Barcelona, Spain							
Francisca Puig Maton	<i>Dried flowers</i>						
Dehradun, India							
Miss Rekha	<i>Embroidered cloth</i>						
Fontaine-Française, France							
Jocelyne Thibert	<i>Mosaic necklace</i>						
Jackie Aloth	<i>Engraved glasses</i>						
Hanshin, Japan							
Hiromi Hasimoto	<i>Photograph</i>						
Kousuke Hayakawa	<i>Calligraphy</i>						
Kiyoko Tamagawa	<i>Calligraphy</i>						
Emi Yamamura	<i>Calligraphy</i>						
Harima, Japan							
Yuko Yamada	<i>Painting</i>						
Kumasi, Ghana							
Kwadwo Kankam	<i>Paper collage</i>						
J N Antwi (2)	<i>Paper collage & paper weaving</i>						
Matilda Kedjanya	<i>Baby romper, hat & dress</i>						
Joseph Sarkodie	<i>Colour blotto</i>						
Limuru, Kenya							
Daniel Mutinda	<i>Notelet card</i>						
Menegsha, Ethiopia							
Turyea Engeda	<i>Two drawings</i>						
Emebet Akulu	<i>Drawing</i>						
Yehenew Gashew	<i>Drawing</i>						
Tigest Bezaeli	<i>Drawing</i>						
Mongu, Zambia							
Chipango Seke	<i>Needlecraft</i>						
Kamweya Makandauka	<i>Needlecraft</i>						
Kashweka Maseka	<i>Needlecraft</i>						
Ndola, Zambia							
Matilda Mulenga	<i>Knitting</i>						
Anna Bupe	<i>Knitting</i>						

Well-Attended Eastern Area



A view of delegates at The Eastern Conference.

(Continued from page 13)

New Jersey, USA		Delhi, India		Singapore	
Josie Bottone		Shri Ghosu Ram	<i>Teacosy set</i>	Han Kwan Heng	<i>Tissue box</i>
Josie Bottone	<i>Woodwork</i>	Shri Bachitter Singh	<i>Potholder, glove & case</i>	Han Kwan Heng	<i>Toy</i>
Tyrone Towers	<i>Pottery</i>	Smt Jaya Devi	<i>Net glass cover</i>	Cheng Fung Chan	<i>Toy</i>
Obioma, Nigeria		Fontaine-Française, France		Cheng Fung Chan	<i>Picture frame</i>
Philip Brown		Jocelyne Thibert	<i>Mosaic necklace</i>	Chaing Mai, Thailand	
Samuel Nehemiah	<i>Painting</i>	Kumasi, Ghana		Miss Saipin Waisti	<i>Stuffed ornament</i>
Selangor, Malaysia	<i>Drawing</i>	Yaa Pokuace	<i>Smock</i>	Miss Montha Tangsoboom	<i>Stuffed ornament</i>
Chia Gim Siong	<i>Batik painting</i>	Menegesa, Ethiopia		Sir James & Lady Pieris, Sri Lanka	
Shakress Zakariah	<i>Batik painting</i>	Yenework Yalew	<i>Knitting</i>	S D Kamalawathie	<i>Embroidery</i>
Kathy Sher Lay Choon	<i>Batik painting</i>	Yenanew Gashew	<i>Embroidery</i>	Francis Pushparani	<i>Embroidery picture</i>
St Laurence, Eire		Turyae Engeda	<i>Knitting</i>	Sumanawathie	<i>Embroidery</i>
Orla Kinsella	<i>Painting</i>	Tigest Bezaeh	<i>Knitting</i>	Paul Fernando	<i>Embroidered picture</i>
Orla Kinsella	<i>Collage</i>	New Jersey, USA		Leeawathie Wittahachchie	<i>Crochet</i>
Monica O'Sullivan	<i>Painting</i>	Gary Genovas	<i>Woodwork</i>	Wisma, Indonesia	
Nora Kelly	<i>Painting</i>	Diane Gobielle	<i>Woodwork</i>	Yati	<i>Bridge cloth</i>
Katherine O'Mahoney	<i>Painting</i>	Muriel Wild	<i>Pottery</i>	Westwood, Zimbabwe	
William Johnson	<i>Painting</i>	Muriel Wild	<i>Printed paper</i>	Henry Kane	<i>Paper mash toy</i>
Singapore		Karen Moore	<i>Toy</i>	Felix Mahupete	<i>Knitting</i>
John Sim Swee Quee	<i>Tapestry</i>	Claribel Guzman	<i>Tie-dyed shirt</i>	Hazvinei Mudereri	<i>Knitting</i>
Mary Kaw Lian Geok	<i>Doll</i>	Jeanne Dickey	<i>Embroidered box</i>	Fortunate Muchenwa	<i>Knitting</i>
Wisma, Indonesia		Obioma, Nigeria		Hellen Ndala	<i>Knitting</i>
Ismail	<i>Wood jigsaw</i>	Nne Saturday (2)	<i>Poems</i>	Lizzy Muhone	<i>Knitting</i>
Westwood, Zimbabwe		Taye Johnny	<i>Poem</i>	Christopher Dzvimbu	<i>Paper mash bowl & instrument</i>
Christopher Dzvimbu	<i>Painting</i>	Samuel Nehemiah	<i>Poem/poster</i>		
Luke Nyamuzinga	<i>Drawing</i>	Philip Brown (2)	<i>Local wood craft</i>		
Ivy Shonhiwa	<i>Knitting</i>	Ranchi, India			
Certificates of Merit		Kodma Sundi	<i>Wax garland</i>		
Dehradun, India		Kodma Sundi	<i>Wall decoration</i>		
Miss Saneh Lata	<i>Embroidered cloth</i>	Ruth Barla	<i>Embroidery</i>		
Miss Dhandoo	<i>Knitting</i>				

Conference at Waltham Abbey



Vice Chairman Pamela Farrell Tredinnick, talks with Residents of Three Forests, Chigwell, Keith Goolonston and Dibby Singh.



Residents of Chiltern Cheshire Home, left to right Joy Payne, Malcolm Turner and Jill Morgan, in conversation with Sir Christopher Foxley Norris (Chairman Emeritus) and Lady Foxley Norris.



Left to right, Resident Joyce Dyer, (Arnold House) and Jenny Connell (Chilterns), talking to Foundation Trustee Rosanne Corben. At rear, right, Trustee Peter Allott.



At front, Arnold House Residents Monica Merrill and George Cherney. At rear, Scilla Landale, Chairman, Park House Management Committee and Peter Allott, Foundation Trustee.

One hundred and seventy delegates from twenty two Cheshire Homes and four Family Support Services attended the Eastern Area Annual Conference at the Swallow Hotel, Waltham Abbey, Essex, on Sunday, 30th September. The programme was organised by Martin Roe, Foundation Trustee.

A speech of welcome was made by Pamela Farrell-Tredinnick, Vice-Chairman of the Foundation, followed by a stimulating talk from General Sir Geoffrey Howlett, the Foundation's Chairman, with his 'Preliminary Thoughts'.

Addresses followed by Ann McFarlane of Living Options on 'Quality Assurance' and Helen Smith, Chairman of the Family Support Services Committee, who stated that the total number of Foundation FSS's had now reached twenty nine.

The new and much acclaimed FSS video 'It Makes All the Difference' was then shown, and was followed by an excellent presentation from the Director of the Calvert Trust, Kielder, of 'Adventure Holidays for People with Disabilities'.



International News

Edited by Lynette Learoyd
Personal Assistant to International
Director Ronald Travers



THE LEONARD CHESHIRE FOUNDATION INTERNATIONAL

26-29 MAUNSEL STREET LONDON SW1P 2QN ENGLAND

CONFERENCE OF EUROPEAN AND NORTHERN REGION

Held in Dublin from 2-4 November at the International Airport Hotel

The week-end's activities started with a reception hosted by the Lord Mayor Michael Donnelly, in his Dublin Mansion House, followed by a visit to the Barratt Cheshire Home nearby where the Residents and staff gave everyone a very warm welcome.

The conference was very well attended by 120 delegates from Spain, Portugal, Ireland, and Scotland, Northern Ireland, Wales and England. The speakers in the many different sessions looked at practical ways in which disabled people living in Cheshire Homes and in the community can increase their freedom, independence and social integration. A largely untapped source of information and influence is the European Commission and the Regional Council will find out how it can gain access to this information, and how it can lobby or change attitudes towards residential care, and influence policy. The proposed constitution of the Region was discussed, as well as representation on the Regional Council.

Double Congratulations

Mrs Denise Taylor, Vice-President, and Chairman of the House and Welfare Committee of the Selangor Cheshire Home in Malaysia, was awarded the Member of the Order of the British Empire (MBE) in HM Queen Elizabeth's June 1990 Birthday Honours. It was conferred in recognition of her services to the British community in Selangor, the

work she has done for the Cheshire Homes, the services she has rendered for ten years for the Society for the Rehabilitation of the Handicapped and the Guides.

A further reason for celebration at Selangor was winning the 1990 Overseas Salver in The Creative Activity Contest for the most overall points, totalling a magnificent 280. This award is a fitting reflection of the consistently high quality and variety of work done at the Home.

Silver Jubilee Conference South African Homes – August 1990

Held in Durban, this was stimulating and enjoyable, and the Conference Subcommittee ensured the smooth running of all the events. The theme was 'Moving Towards Independence' and the presentations and workshops reflected this in a variety of ways. Delegates at the Conference came from all the Homes as well as from many other organisations and government departments, including The Hon Dr Rina Venter, Minister of National Health and Population Development. As in the UK and elsewhere, care in the community is increasing, with the existing Homes actively moving towards enabling Residents to take the first steps in becoming more independent. Cottages adjacent to the Homes already exist at Eric Miles House, and are planned at several other Homes, where Residents still have the support of the Home where needed, but are able to work outside the Home and plan their own life-style, with the ultimate aim of moving into the community.

Day Care Plans

Homes in process of construction or on the drawing-board will have Day Care facilities to meet the needs of those living at home, and provide facilities for a larger number of people; the Daveyton Home, whose first phase is just complete, aims to have a resource centre to enable the many local disabled people living in unsatisfactory conditions at home to learn how they can adapt to their environment.

Visitors From the UK

Mrs Helen Smith, Trustee of the Foundation and Chairman of the Family Support Services Committee, presented a paper at the Conference and afterwards visited all the South African Homes. Helen spoke at four workshops attended by both Cheshire Homes' representatives and other organisations involved with the care of disabled people, and found a great need for this type of service.

Other visitors were Gillian Graham, Appeals Co-ordinator of the International Office, Keith Cook, the Foundation's Homes Planning Adviser, and Lynette Learoyd, who saw all the Homes. Afterwards Gillian went on to Lesotho, Swaziland, Zimbabwe, Malawi, Kenya and Uganda on a fact-finding mission to target specific needs.

PHILLIPINES HOMES SILVER JUBILEE

The Founder visited Manila where the Silver Jubilee of the Phillipine Homes was held on Founder's Day, the 7th September. The day started with a Thanksgiving Mass at the Archbishop's Palace, with His Eminence Jaime L Cardinal Sin as the main celebrant. In the afternoon there was a Cheshire Homes Family

Reunion hosted by The Philippine Council of Cheshire Homes for the Disabled (PHILCOCHED) and the House with No Steps Foundation (Tahanang Walang Hagdanan). Attended by about 500 Residents and Committee members from all the Cheshire Homes and Independent Workshops this was a warm and colourful celebration, enhanced by music provided by the Rondalla on Wheels. On the previous day the Founder had had a short meeting with President Aquino. Homes visited were the Sinag-Tala Homes for men and women, Biyaya Cheshire Home, and Bahay San Jose in Tagaytay, city of the famous Taal Volcano beside a lake; a visit to the National Orthopaedic Hospital was included.

New Home For Elderly

In Mauritius the Founder saw the Home and laid the foundation stone for a proposed Home for the elderly on a new site donated by the East West Sugar Estates. Five accommodation blocks are envisaged, half of the units being for paying Residents, and half for non-paying.

Malaysian Redevelopment

While in Singapore, a visit was made to the Selangor Home in Malaysia. A few weeks earlier, the ground breaking ceremony for the start of the Home's redevelopment programme had been performed by Yab Tan Sri Dato Muhammad Bin Taib, Chief Minister of Selangor Darul Ehsan. The first phase will include a new kitchen, dining hall and bathrooms – and the development work will be commemorated with a grand opening.

Singapore Day Centre

In Singapore the second stage of development of the Home is now underway – a three-storey extension which will have a day care centre on the first floor. This will be for seriously disabled people between the ages of 13/40 years and will provide facilities for training in daily living skills, occupational and physiotherapy, simple nursing care and advice, counselling and training of families in the care of their disabled members, recreational activities and a social contact point for clients and their families. It is anticipated that the capacity of the day care centre will be 25 clients at one time but, by staggering sessions, it is hoped that 50 or more clients a week will be catered for.

Independent Living Centre

On the second floor a residential centre for training in independent living will accommodate 16 short-stay trainees. Designed on the lines of Government flats, it will enable trainees to learn the social skills of living as a 'family'. Specific training programmes will be drawn up and supervised by qualified therapists using the facilities of both the day-care centre and of the Home itself.

Staff quarters, a lecture hall, and administrative office and a rest room for volunteers will be located on the third floor.

After Singapore the Founder travelled to Jakarta in Indonesia, where most of the Residents of Wisma Cheshire study or work, and fifteen of the Residents have married and moved out of the Home.

End of Tour in USA

The Founder ended his tour in America where he saw all but one of the Homes – starting in Reno, Nevada where, again, most of the Residents were working or studying outside the Home. The relatively new **Jim Cain** residence in Louisville, Kentucky, is designed to conform to the architecture of the street itself, and is run as a half-way house for those intended to return to the community.

In **Gulfport, Mississippi**, the Residents put on a show for the Founder, consisting of a fashion show and square dancing. The Home is taking

over a small restaurant and the Residents will help to run it.

In Philadelphia most of the Residents are studying at nearby **Community College**, and have a warm relationship with each other. The Home in **Florham Park**, New Jersey, is happy and lively with much support from volunteers who take the Residents out and organise recreational activities. In **Cheshire II** the Residents are preparing for independent living.

At the **Cleveland Street Home** in Arlington, Virginia, the Founder attended an evening barbecue and was again struck by the happy atmosphere.

Visitor to Far East

Another visitor to some of the overseas Homes was **Dorothy Allott**, a member of the International Committee, who went to Thailand, Singapore and Hong Kong. In Thailand Dorothy was able to hand over a cheque from the Rangsit Home's twinned UK Home Alne Hall in York. Dorothy went to the Hong Kong Home and met staff and Residents including Raymond Ko, who runs a taxi service, and the oldest lady Resident (thought to be about 90 years old). Selection of Residents for the new Home will emphasise the family aspect, and there will be an equal number of young people, as well as middle aged and elderly.

FAR EASTERN REGIONAL TRAINING CENTRE

This report comes from the Far Eastern Region 'Cheshire News'

The Regional Training Centre was opened by The Founder in 1984. It is located at the Penang Cheshire Home and comprises a conference room, an anteroom, office and toilets on the ground floor and on the first floor, four bedrooms with bathrooms attached, a sitting room, dining room and a kitchenette.

Mrs Diana Khoo, who is a trained nurse with many years of experience specialising in disability and rehabilitation, was appointed to the post of Regional Training Officer in 1984.

Besides organising training at the Centre, she also travels to Homes to provide professional advice to management committees and staff on standards of care, staffing, development of services, current information and practices. She also helps to set up new Homes according to the guidelines laid down by the Cheshire Foundation.

Staff Training Courses

Since the Centre was built, eleven training courses on different aspects of disability have been organised. Cheshire Homes staff throughout the Region have benefited from the courses. However, they were not the only ones. Staff from other centres catering for the needs of the disabled were also invited to the courses for a small fee.

All-Important Funding

From the beginning the Leonard Cheshire Foundation International and the Overseas Development Administration of the British Government have been responsible for the funding. Without this support, the many courses held to help the staff would not have been possible.

Unique in Far East

The Centre is unique because the Far Eastern Region of Cheshire Homes is the only Region at present providing this service to their Homes. The courses have become so popular that to enable more staff to benefit from the training, video packages are now being prepared so that Heads of Homes and centres can do some in-house training with the aid of videos and workbooks.

Vital Training for Disabled

Training is seen as one of the ways to help increase the knowledge of the disabled. As such, the latest venture in the life of the Training Centre was to have training courses specially for the disabled themselves. This was to help the disabled increase their knowledge of handicrafts. For many disabled in the Region, this is their only means of earning a living. Not only were there outside tutors, there were also in-house tutors. These so called in-house 'tutoros' were actually the disabled

themselves – turned tutor and teaching their particular speciality. The participants came from Malaysia, Thailand and Singapore and the course was a success. Its hope is to have a comprehensive training programme in the near future.

Training Reaches Africa

A programme of training has also started in Africa, and in September 1989 the first course was held in Lusaka, Zambia. 'Children with Cerebral Palsy, A Workshop for Practitioners' was hosted by the Cheshire Homes Society of Zambia and attended by staff from all five Homes in that country, as well as physiotherapists from the Ministry of Health. The workshop was held in response to requests from the Zambian Cheshire Homes which are now helping many children with cerebral palsy. It is hoped that a similar workshop can be held in early 1991 for all Cheshire Home staff in Southern Africa, and a training package developed through courses – both regional and in-country – preparation of video material, written material, field testing and evaluation of the materials with adaptations as indicated, dissemination and training in the use of materials, follow up and continuing support.

Emphasis on Cerebral Palsy

When many of the Cheshire Homes in the Region started they were largely working with children who had polio, and rehabilitation of these children still forms a considerable part of the Homes' workload. However, in many places the incidence of polio is decreasing, and children with cerebral palsy are seen more frequently. The care of these children requires specialised knowledge and skills – hence the need for training, as cerebral palsy can involve a wide range of problems and special needs. The training package will supplement the knowledge of the Homes' physiotherapists, enabling them to train assistants and the Homes' staff members.

Exchange Visits

Exchange visits have taken place between the **Masterton Home** in Harare, Zimbabwe, and the **Limuru Home** in

Kenya, with the Sisters from Limuru travelling to Zimbabwe for training experience, and the Head of Home of Masterton going to Kenya for follow-up meetings with the other Homes in that country.

Workshop for Learning Difficulties

In December 1990 a workshop for practitioners was held in Port Harcourt, Nigeria, on 'Children and Young Adults with Physical and Learning Difficulties'. This was designed for both Cheshire Home staff and others caring for disabled children and young adults. Tutors at the workshop were **Suzie Determeyer** from the International Office; **Joan Carey**, a volunteer who had just returned from four month's work in Homes for the mentally handicapped in Durban, South Africa; and **Melrose Cotay**, Administrator of the Home in Freetown, Sierra Leone. The organisation of the workshop was by **Claire Kawu**, the recently appointed Liaison Officer for the Nigerian Homes.

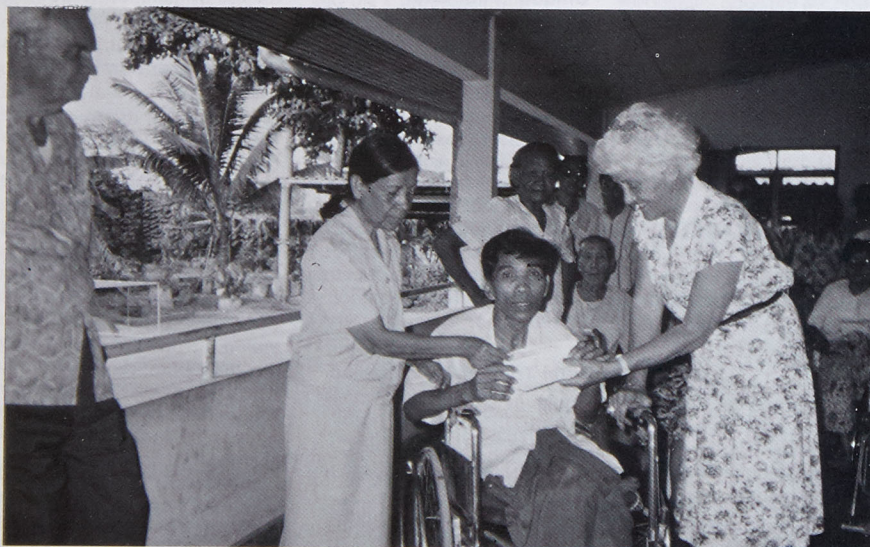


A view of the dormitory quarters at the Singapore Cheshire Home. Residents sleep four to a room.



Trustee Maggie Van Koetsveldt admires art and craft work during her visit to Glaxo House, the Cheshire Home in Kunming, China.

Suan Rasa, an artist Resident at Rangsit Home, Thailand. His wife is blind and does the Home's laundry.



International Committee member Dorothy Allott, at right, hands over a cheque from Alne Hall, York, which is twinned with the Rangsit Home in Thailand. At left, Founder of the Home, Herbert Link and Matron. Recipient of the cheque is Chairman of the Resident's Committee.



A GROWING ORGANISATION

There are 184 Cheshire Homes in 48 countries overseas. For a full list, write to:

International Office,
The Leonard Cheshire Foundation,
26 Maunsel Street,
LONDON SW1P 2QN
England.

International Picture Page



At left, Herbert Link, Founder of Rangsit Cheshire Home, Thailand, with Dorothy Allott and the Matron.



At left, Dorothy Allott with Resident Raymond Ko in wheelchair and some members of staff at Hong Kong Cheshire Home.



Trustee Maggie Van Koetsveldt admires some skilful sewing by Residents of Glaxo House, The Cheshire Home in Kunming, China.



Workshop participants at House With No Steps, Philippines. General Manager Jess Docot, in wheelchair, and Home's Accountant Joy Cevallos, also in wheelchair.



The married couples' bungalows, Rangsit Home, Thailand.

Animals Bring Comfort

As a nursing sister I have often noted the wonderful therapeutic effect that contact with animals brings to sick elderly or disabled people.

If only friends and relatives would bring their pets to hospitals and nursing homes on regular visits, they would bring such happiness and pleasure, and would help to eliminate depression.

**Frances Dempsey, SRN
Slough, Berkshire**

More Politeness Needed

Please find enclosed cheque to help with postage for your excellent magazine which gets better and better.

I was particularly impressed by the letter from Apollo Tan of the Singapore Cheshire Home. Like him, I hope his comments will impress others who read it to be more polite to disabled people like him.

**Mrs A G Bradford
Tonbridge, Kent.**

Driving Force for the Cheshire Foundation

Barry Bailey, Head of Cotswold Cheshire Home, writes:

The Cotswold Cheshire Home, Cheltenham, records with sadness the death of a much-loved friend and a tireless supporter for 35 years, **Mrs Pamela Barrett.**

As guest speaker at the local Rotary Club in 1959 her inspiring talk resulting in a local Rotarian surgeon offering to sell his house at a reduced price if it could become a Cheshire Home. Another Rotarian, Mr L G Northcroft, OBE, offered to purchase the house, and with help and finance from all quarters the Cotswold Cheshire Home came into being.

Thereafter Mrs Pamela Barrett worked relentlessly hard for many years and directed all her unselfish energies in helping to establish the Home as it is today. She was a driving force for the work of the Cheshire Foundation.

Sadly, Mrs Barrett died after a long illness on the 2nd October 1990 in a nursing home. We owe her so much, and in return she asked for nothing other than to be our friend.

YOU write to US

A Plea for More FSS's

As the wife of a disabled husband who has been struggling along trying to cope for fifteen years, I should like to say that your Family Support Services sound to be exactly what Carers need – the right sort of help at the right time.

But why are there not more when the need is so great? As far as I know, there are none in the London area.

It's been suggested that we Carers should start such a service, but we are already on our knees coping with our heavy responsibilities.

**(Name and address supplied)
Putney, London SW15**

Such Wonderful Kindness

We have just returned from Park House at Sandringham after two weeks there, and we would like you to know of our grateful thanks to them all for such kindness. Nothing was too much trouble and they helped us as much as they could. The food was super (my poor waistline)!. We were so happy and the gardens were a dream – so restful.

Could we pay to have your magazine 'The Smile'? We read one of these and it was full of interest.

**Mr and Mrs Duke
Sandwich, Kent**

A Good Idea

Thanks to the hint in the August issue, I have now arranged with Cirencester Library to pass on each copy of The Smile to them for the Reading Room; what a good idea!

A cheque is enclosed towards postage.

**Muriel Kaye
Cirencester, Gloucestershire.**

Donations Greatly Welcomed

Grateful thanks to those who have sent donations to help us meet the high cost of postage. If other Homes, Services and Readers would follow their example, it would be deeply appreciated.

Cheques should be made out to Cheshire Smile and sent to The Cheshire Smile, Arnold House, 66 The Ridgeway, Enfield, Middx EN2 8JA
The Editor

Obituaries

Spofforth Hall Cheshire Home

John Lindley, Chairman of the Management Committee, reports with great sadness the following deaths:

Mr Gareth James on the 2nd August 1990 at the age of 66.

Gareth had only recently retired from the Chairmanship of the Management Committee, a position he held for 4 years, though he had served the Home for some 12 years. It was due to his wife, Dilys, and other voluntary helpers, aided particularly by Gareth himself, that today the Home enjoys the many extra benefits provided by the Cheshire Home Charity Shop in Wetherby which provides the largest source of the Home's charitable income. He was a leading figure in local Amateur Dramatics and music, and shared this interest with the Home's Residents.

Gareth was tireless in his work for the Foundation, and gave his all for many years – a lovable personality with always a friendly word for everyone, who will be missed by Residents and Management alike. We send our condolences to his wife Dilys and family.

Mr Tom Smith on the 4th October 1990.

Tom had been connected with the Home since the early '70s, and was Chairman of the Management Committee from 1974 to 1976, during which time he combined wise management with a strong humane compassion. He made a valuable contribution to the Management of the Home and its finances, helped by his banking experience as an Area Director of National Westminster Bank, these efforts being much appreciated by Management and Residents. We send our sympathy to his wife Mary and family.

Mr Tom Whitehouse on 22nd September 1990 at the age of 62.

Tom had been a popular and much loved Resident for some 17 years. Prior to that he had been a Civil Engineer in Leeds, and Assistant to Gareth James, a past Chairman of the Home's Management Committee. He played a prominent part in the Residents' activities, but in recent years these were curtailed due to ill health. As a member of the Management Committee said, Tom will be sadly missed, and we send our condolences to his wife and family.

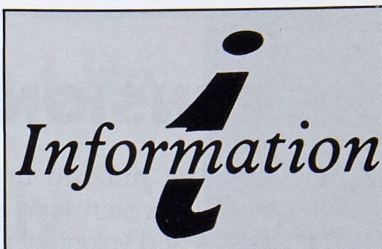
■ **English Language Courses:** English language schools offering facilities to disabled students are listed in a brochure produced by Arels-Felco (Association for Recognised English Language Teaching Establishments in Britain). Copies of the brochure entitled 'Learn English in Britain' are available from: Arels-Felco Ltd., 2 Pontypool Place, Valentine Place, London SE1 8QF. Tel: 071-242 3136.

■ **Social Integration Conference:** A Social Integration Conference will be held in Brighton on 27-28 February 1991. Presentations of the European Independent Living Awards will be made during the sessions.

Further information from George Wilson, RADAR, 25 Mortimer Street, London W1N 8AB. Tel: 071-637 5400.

■ **Disabled Adaptation:** The Government has introduced a new system of grants available for disabled people to make adaptations to their homes. It is called Disabled Facilities Grant and replaces the old system of intermediate grants. All applicants are means tested. Those who do not rely on a wage earning partner, and whose sole source of income comes from benefits, will be eligible for 100% grants.

For an information pack explaining the procedure please send an A4 addressed envelope stamped with 24p to: Charles Ducker, Housing Policy Officer, RADAR, 25 Mortimer Street, London W1N 8AB.



■ **World Wheelchair Traveller:** This is a new publication from the Spinal Injuries Association and the Automobile Association giving guidance to disabled people on all forms of transport, both here and abroad. The aim is to encourage more disabled people to travel by giving advice on the way of avoiding or overcoming problems which may occur. World Wheelchair Traveller is available from AA Offices and from The Spinal Injuries Association, 76 St James's Lane, London N10 3DF. Price £3.95 plus 50p postage & packing.

■ **For Disabled Motorists:** The RAC has launched its Response Service offering specific help to disabled people. Further details from: RAC Member Service, PO Box 700, Spectrum, Bond Street, Bristol BS99 1RB.

The AA is also conducting a major research project into the needs of disabled motorists. Findings will be announced in June 1991.

■ **London Disability Guide:** A major new guide to disability services, organisations and contacts in the London area is available free of charge from the Community Education Officer, Thames TV, 149 Tottenham Road, London W1P 9LL. It has been produced by GLAD (Greater London Association for Disabled People) in association with Thames TV and Freemans Home Shopping. Copies in Braille, Moon and large print versions, if required.

■ **Self-Help:** A comprehensive directory of self-help supportive and advisory groups called 'Help Yourself' is available from Merseyside Council Voluntary Service Disablement Resource Unit, price £4. Cheques should be made payable to MCVS and sent to: Kevin Dowdall, DRU, MCVS, Mount Vernon Green, Hall Lane, Liverpool L7 8TF.

The directory contains information and contact addresses of 700 groups offering advice on all aspects of medical, social and behavioural problems.

■ **Extra Payment for Carers:** A £10 Carers Premium for people who receive both Invalid Care Allowance and Income Support is now available. Those who have not claimed and need to know more should write to: The Carers National Association, 29 Chilworth Mews, London W2 3RG. Tel: 071-724 7776, and ask for two leaflets 'Invalid Care Allowance' and 'Caring Costs'.

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A Day in The Life of Philip Reilly

Philip Reilly is Head of Home at Nicholas House, a Cheshire Foundation Hostel in the heart of the East End of London dealing with 18 Residents recovering from serious mental illness. He started life as an actor, then worked at a rehabilitation centre in Haringey before coming to Nicholas House three years ago. The day he describes below was crisis ridden, but he says that life can also be happy and tranquil too! Names have been changed to protect confidentiality.

The alarm goes off at 7 am. I think, 'Oh no! It can't be . . . already!' I reach over and press the big red button. I usually repeat this once or even twice more and then, of course, have to rush in order not to be late. Trying to eat breakfast and clean your teeth at the same time has disadvantages.

Then I start my journey to work. This takes me about an hour on a good day. A large blue van with a Neanderthal for a driver has just carved me up nearly removing my wing in the process. I try to keep myself calm and maintain my behaviour as a rational adult.

I can't find anywhere to park again!!!!

On arrival I am greeted by three Residents all asking if they could have a loan. I suggest that 'Good morning, how are you?' would be a more productive way of greeting me, and I make my way to the office, where I do receive a 'Good morning, how are you?'. However, the grave tone it is given in makes me suspect that their sleep-in (a mis-nomer if ever there was one!) has not been entirely uneventful. I am proved correct when I am informed that Sam had presented himself at the staff flat about 2am saying that he had taken an overdose of a particularly powerful drug and produced the empty bottle to prove it. Having taken him immediately to Accident and Emergency, the staff then found him in the

hallway first thing this morning in a semi-conscious state having apparently been discharged from A&E without being treated. While I go through my usual morning routine of opening the mail and looking in the diary for today's appointments, I try to sort out in my mind what our next move with Sam should be.

I ask Peter and Lohni (the night staff) to call Sam's GP and request a domiciliary. Arsalan (Sam's key worker) arrives for his day duty at this point and so he takes over. Good. I can now go upstairs to the meeting with the Fundraising Sub-committee. This meeting goes on for the greater part of the morning due to the necessary interruptions by Arsalan who can't even get to speak to the GP and needs to discuss matters, and the fact that trying to raise money for 'The Mentally Ill' is like trying to sell ice to Eskimos. The meeting finishes and hand-over from one shift to the next is about to start. I think Sam should go back to A&E, and so Arsalan calls an ambulance and goes with him. At handover I learn that in a temper Graham ripped a door off its hinges last night and that this morning Michael had been insulting and abusive to a member of staff. Both of these will have to be dealt with under our disciplinary procedure. So much for the paper work I was going to do before the meeting at 'No Fixed Abode' about mental health and homelessness!



Arsalan rings from the A&E department to say that he is having real problems in trying to get Sam seen by the Duty Psychiatrist and admitted. I call the Charge Nurse and inquire about the situation. I try to keep my voice even in order not to betray how angry I feel about this situation (there have been similar situations in the past, although none as serious as this). My voice stays even (most of the time) but I don't get very far. I call the A&E Consultant, I hear the secretary speak to him. Then I am told to call back on Monday. I call the Psychiatric Ward and at last speak with someone who seems to understand the situation. She goes down to A&E and Arsalan calls shortly afterwards to say that Sam has been admitted for 48 hours observation.

After the meeting, which goes quite well given the gravity and urgency of the subject, I return to the Home. All is not quiet on the Western Front; Mabel and Simon have had a blazing row. It seems that Mabel has been doing most of the blazing (she's had enough

practice to work it to a fine art by now). Jane and Geraldine are patiently trying to sort it out. I creep in hoping that no one sees me – success! I make it to the office. Now for the paper work. I sit down at my desk and on the very top is a grant application form I should have prepared last week and posted off yesterday at the latest! I am relieved to find that Chris, our Administrator/Fundraiser, had already completed much of it and is prepared to stay and work with me until it's finished.

I leave an hour and half after I should have. I get in the car and suddenly realise that I am starving – LUNCH! I knew I had forgotten something. I drive home – God help that man in the blue van if I see him.

Home. I sit down and look at what's on the telly. The telephone rings – it's the night staff to tell me that some youths have just thrown bricks through two of the lounge windows. They have everything under control; the Police have been called but some of the Residents are really upset.

I pour myself a Large Whisky.

Save The Rainforest



Photograph courtesy of Banbury Guardian

Oxfordshire Cheshire Home recently entered a float in the Banbury Carnival, and won two first prizes – one for the best overall presentation and one for the best non-commercial entry. Eight Residents took part together with two holiday visitors.

The theme of the carnival was The Americas, and Oxfordshire Cheshire Home chose for its theme 'Save the Rainforest'. Jill Dalby was a butterfly, Sally Wallace a parrot.

Andrew Lewis dressed as a Peruvian, while Jackie Townley, Lyn Bushell and Laura Smith were all monkeys. Ruth Boxall was a yellow flower. Three members of staff were on the float as a tree frog, a Peruvian woman and a 'baddie' cutting the forest down.

Pictured here are Celia Chasey, Activities Organiser, standing, in South American garb, and Jackie Townley as a monkey.